

Family Resource Centers are open to all San Francisco families

Parents at the centers learn about:

- Supporting children's development and school success
- Strategies for managing child and teen behavior
- Referral and connection to free and low cost food, housing, health care, child care, and other basic needs



Families at the centers enjoy things like:

- Family friendly community and cultural events
- Parent-child play groups
- Groups and classes on topics of interest to parents
- Case management and other types of support when encountering difficult times
- Expecting and new parent support
- Specific group activities for fathers, grandparents, foster parents, recent immigrants, and LGBTQ families
- English as second language classes, resume building; and free access to computers, Internet, and fax machines

Locate the best Family Resource Center for you

Family Resource Center	Phone	Neighborhood/Population
APA Family Support Services / APA Family Resource Network	415-617-0061	Chinatown / New Immigrants
Asian Women's Resource Center	415-788-1008	Chinatown
Bayview YMCA Family Resource Center	415-822-9404	Bayview - Hunters Point
Compass Connecting Point: A Family Resource Center	855-234-2667	Homeless Families
Edgwood Family Resource Center	415-375-7630	Bayview – Hunters Point
Excelsior Family Connections	415-333-3845	Excelsior
Glide Family Youth and Children's Center	415-674-6200	Tenderloin
Good Samaritan Family Resource Center	415-401-4253	Mission
Homeless Prenatal Program	415-546-6756	Homeless Families
Instituto Familiar de La Raza Chicano/Latino & Mission Collaboratives	415-229-0500	Mission / New Immigrants
Joy Lok Family Resource Center	415-391-4890	Chinatown
OMI Family Resource Center, a program of Urban Services YMCA	415-406-1370	OMI / Lake Merced / Stonestown
Our Family Coalition	415-981-1960	LGBTQ Families
Portola Family Connections	415-715-6746	Portola
Potrero Hill Family Support Center, a program of Urban Services YMCA	415-795-3591	Potrero Hill
Richmond Asian Family Support Center	415-221-5783	Richmond
Safe Start Initiative Collaborative	415-668-0494	Children 0-6 yrs exposed to violence
South of Market Family Resource Center	415-820-3508	South of Market
Sunset Family Resource Center	415-516-5966	Sunset
Support for Families of Children with Disabilities	415-282-7494	Children with special needs
Visitacion Valley Strong Families Collaborative	415-578-9310	Visitacion Valley
Western Addition FRC, a program of Urban Services YMCA	415-202-9770	Western Addition
Young Family Resource Center (Felton Institute)	415-695-8300	Young Families

Resources for parents to raise strong families

Families and providers are encouraged to find out more about the Family Resource Centers by calling any of the FRCs listed in this brochure. FRC staff will answer any questions or set up a 15-30 minute, no obligation welcome appointment for you to learn more about their services.



Families with children of any age and in need of assistance are encouraged to discover the many resources available throughout San Francisco.

Convenient locations across San Francisco

Services in all major languages

Online list of parent education classes

Family Resource Center Initiative

The Family Resource Center Initiative is the result of an \$11 million annual investment made by First 5 San Francisco, the Department of Children Youth and Their Families, and the Human Services Agency to ensure a coordinated, high-quality system of services that will help parents give their children the best start in life.



1390 Market Street, Suite 318
San Francisco, CA 94102
Phone: 415 934 4849
Fax: 415 554 8404
Email: admin@first5sf.org

SAN FRANCISCO *Family Resource Centers*



A place for families to share, learn, and grow together.

www.first5sf.org/frc