



# Gum Moon/Asian Women's Resource Center 金門/亞洲婦女服務中心



## Triple P Positive Parenting Program “三 P 親子正面教育”

Individuals will receive a certificate upon completion of all 9 sessions

參加者如果能夠完成全個課程 (9 課)，將獲頒證書一份

- Positive Parenting 親子正面教育策略
- Promoting Children's Development 幫助孩子成長
- Managing Misbehavior & Positive Discipline 管理兒童不當行為
- Planning Ahead For Activities 提前計劃
- Self Care & Stress Management 自我照顧及壓力管理

**DATE 日期:** 10/4/2021 - 12/13/2021

**TIME 時間:** Every Monday (每逢星期一)  
11 AM to 1 PM

**Place 地址:** Virtual via Zoom  
網上視像型式舉行

**Presenter 主講:** Mr. Roy Cheung  
Mental Health Consultant 兒童心理健康顧問